



Our Diets and the Water Footprint of Regional Agriculture

Tuesday, August 18, 2015

2 pm – 3 pm

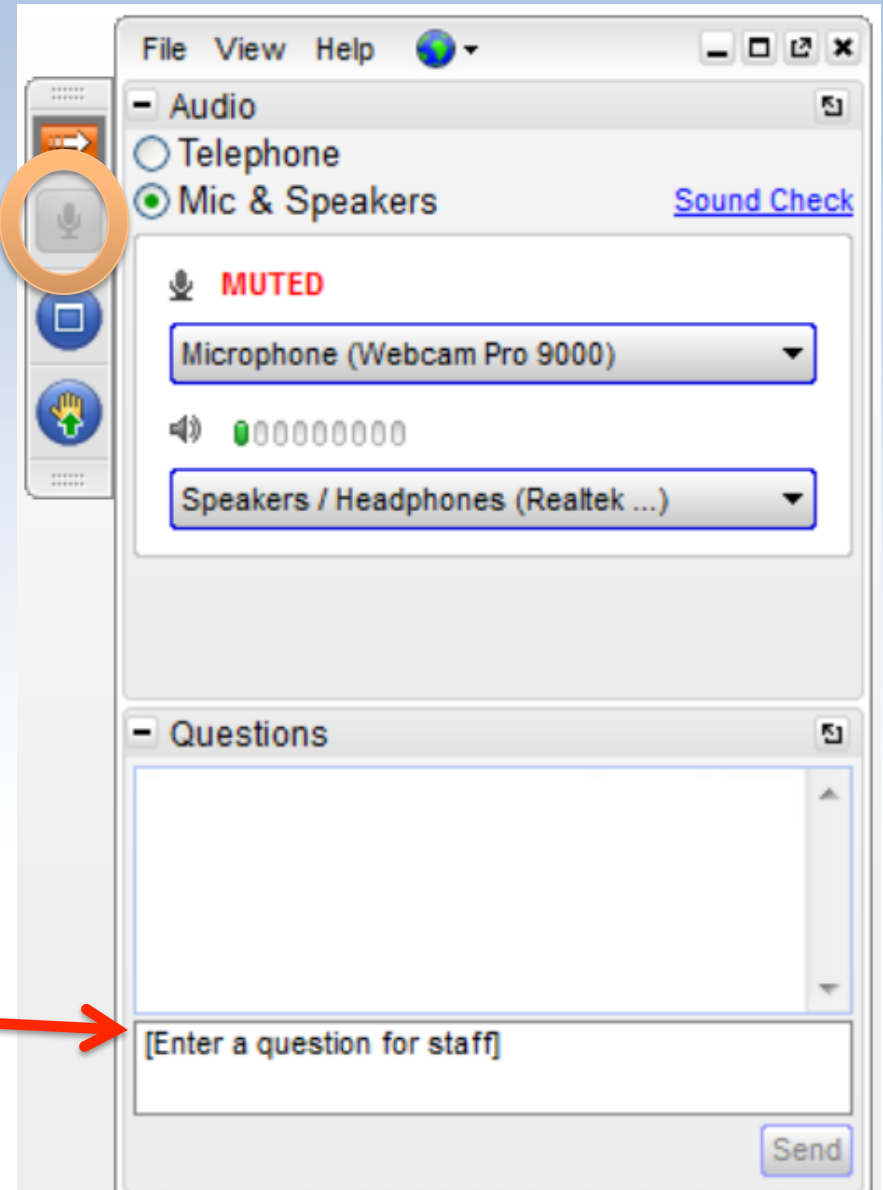
Technical difficulties? Call **(855) 352-9002**

Housekeeping

We want to hear from you!

Join the discussion:
Mute and Unmute Yourself

If you have a question for the panelists or staff (including technical difficulties), please enter it via the **Q&A Panel**



Recording and Slides

Completed Webinars

Click on each webinar title for recordings, presentations, speaker bios, and additional resources.

Webinar 2—Agriculture and Drought: Implications for Food Security

July 22, 2015, 12-1 pm

Healthy regional food systems are a foundation of healthy communities, but how can we preserve local agriculture in the face of threatened water supplies? This question forms the central theme of our webinar on agriculture and water. We will hear more about the changing face of agriculture, future threats, and the host of possible health risks of drought-related agricultural changes. We will address some concrete ways health departments can support healthy agriculture in Southern California.

Webinar 1—Rethink Your Drink: Getting Safe Tap and Drinking Water into Schools and Community Places

June 16, 2015, 2-3 pm

This webinar will survey the challenges to providing safe drinking water in every school and in public places, including supply, quality and cost considerations. It will explore intersections and synergies with Rethink Your Drink campaigns, review relevant policy initiatives, and highlight opportunities to use Rethink Your Drink to leverage better drinking water access in our public places.

INTRODUCTORY WEBINAR--Water and Health 101

May 27, 2015, 12-1 pm

This webinar will provide an overview of Southern California water sources, distribution, and use, as well as projections of what climate-related water changes we can anticipate in the future. It will provide a framework to understand the public health impacts of climate-related changes in the water cycle and discuss the role of health leaders in this rapidly changing physical and political landscape.

<http://phasocal.org/water-initiative/webinar-series-nutrition/>



public health alliance of southern california *A Partnership for Healthy Places*

Introducing our Moderator, Alliance Healthy Food Systems Co-Chair:



Naomi Billups
Public Health Nutrition Manager
County of San Diego



Public Health Alliance Vision

All Southern California communities are healthy, vibrant and sustainable places to live, work and play.

9 Local Health Departments:

- Orange
- Long Beach (City)
- Los Angeles
- Pasadena (City)
- Riverside
- Santa Barbara
- San Bernardino
- San Diego
- Ventura

Nearly
60%
of CA Population



Agenda

- Housekeeping - *Holly Calhoun*
- Welcome and Introduction - *Naomi Billups*
- The Water We Eat: Why Food Choices Matter for Water Conservation - *Kari Hamerschlag*
- USDA Dietary Guidelines - *Becca Klein*
- Recommendations for Action - *Kari Hamerschlag*
- Q&A and Discussion - *All*
- Wrap-Up and Closing - *Naomi Billups*



Introducing our Speakers:



Kari Hamerschlag
Senior Program Manager
Friends of the Earth



Becca Klein
Consultant
Friends of the Earth

Q+A

- Where does sugar fall on the spectrum of water use? Friends of the Earth's focus of meat is somewhat corrective—it's easier to talk about sugar
- James Marin, San Bernardino County DPH: could we organize to change the Farm Bill?
- Dairy: not a culturally appropriate food (for many), universally included in school meals, and leads to waste. There are efforts to include more vegan/veg options in school meals
- Cost Savings angle: can we provide resources on this? Possibility of aggregating from institutions implementing 'meatless Mondays'



Opportunities for Action

- **Farm Bill:** Work to align subsidies in the Farm Bill with our best nutritional and environmental interest
- **USDA Guidelines:** LHDs could work to ensure that we are not having a ‘siloes’ conversation about guidelines, but instead integrating this with Farm Bill and other conversations
- **Facilitate feedback from students/parents to ensure culturally appropriate school meals** (Dairy example).
- **LHD supporting/ helping develop local channels for distribution can ensure that what is supplied matches more closely with the needs of institutional users.** (v. relying on large purchases from DOE)



Thank You to our Speakers:



Kari Hamerschlag



Becca Klein

Water and Health Webinar Series

Drought, Climate and the Food We Eat (Nutrition)

August 18 (2-3 pm): **Our Diets and the Water Footprint of Regional Agriculture**

September 15 (2-3 pm): **Water Security for Community and Household Gardens: The Promise of Greywater**

October 20 (2-3 pm): **Emerging Water-Friendly Production Methods and Foods**

November 18 (12-1 pm): **High Opportunity Levers for Water and Health: Resources, Policy and Next Steps**

<http://phasocal.org/water-initiative-nutrition>

Water and Health Webinar Series

Water Crisis
Strategies for
Public Health
Leaders

Water, Drought
and Environmental
Health

Drought, Climate
and the Food We
Eat (Nutrition)

<http://phasocal.org/water-initiative>

Our Diets and the Water Footprint of Regional Agriculture

Thank you for joining the conversation!

The **recording** and **slides** will be available shortly at <http://phasocal.org/water-initiative-nutrition>



Questions?
Contact Holly Calhoun
Healthy Food Systems Coordinator
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