Our Diets and the Water Footprint of Regional Agriculture

Tuesday, August 18, 2015
2 pm – 3 pm

Technical difficulties? Call (855) 352-9002
Housekeeping

We want to hear from you!

Join the discussion: **Mute and Unmute Yourself**

If you have a question for the panelists or staff (including technical difficulties), please enter it via the **Q&A Panel**
Recording and Slides

Completed Webinars

Click on each webinar title for recordings, presentations, speaker bios, and additional resources.

Webinar 2—Agriculture and Drought: Implications for Food Security

July 22, 2015, 12-1 pm

Healthy regional food systems are a foundation of healthy communities, but how can we preserve local agriculture in the face of threatened water supplies? This question forms the central theme of our webinar on agriculture and water. We will hear more about the changing face of agriculture, future threats, and the host of possible health risks of drought-related agricultural changes. We will address some concrete ways health departments can support healthy agriculture in Southern California.

Webinar 1—Rethink Your Drink: Getting Safe Tap and Drinking Water into Schools and Community Places

June 16, 2015, 2-3 pm

This webinar will survey the challenges to providing safe drinking water in every school and in public places, including supply, quality and cost considerations. It will explore intersections and synergies with Rethink Your Drink campaigns, review relevant policy initiatives, and highlight opportunities to use Rethink Your Drink to leverage better drinking water access in our public places.

INTRODUCTORY WEBINAR--Water and Health 101

May 27, 2015, 12-1 pm

This webinar will provide an overview of Southern California water sources, distribution, and use, as well as projections of what climate-related water changes we can anticipate in the future. It will provide a framework to understand the public health impacts of climate-related changes in the water cycle and discuss the role of health leaders in this rapidly changing physical and political landscape.

http://phasocal.org/water-initiative/webinar-series-nutrition/
Introducing our Moderator, Alliance Healthy Food Systems Co-Chair:

Naomi Billups
Public Health Nutrition Manager
County of San Diego
Public Health Alliance Vision

All Southern California communities are healthy, vibrant and sustainable places to live, work and play.

Nearly 60% of CA Population

9 Local Health Departments:
- Orange
- Long Beach (City)
- Los Angeles
- Pasadena (City)
- Riverside
- Santa Barbara
- San Bernardino
- San Diego
- Ventura
Agenda

• Housekeeping - Holly Calhoun
• Welcome and Introduction - Naomi Billups
• The Water We Eat: Why Food Choices Matter for Water Conservation - Kari Hamerschlag
• USDA Dietary Guidelines - Becca Klein
• Recommendations for Action - Kari Hamerschlag
• Q&A and Discussion - All
• Wrap-Up and Closing - Naomi Billups
Introducing our Speakers:

Kari Hamerschlag
Senior Program Manager
Friends of the Earth

Becca Klein
Consultant
Friends of the Earth
Where does sugar fall on the spectrum of water use? Friends of the Earth’s focus of meat is somewhat corrective—it’s easier to talk about sugar

James Marin, San Bernardino County DPH: could we organize to change the Farm Bill?

Dairy: not a culturally appropriate food (for many), universally included in school meals, and leads to waste. There are efforts to include more vegan/beg options in school meals

Cost Savings angle: can we provide resources on this? Possibility of aggregating from institutions implementing ‘meatless mondays’
Opportunities for Action

- **Farm Bill:** Work to align subsidies in the Farm Bill with our best nutritional and environmental interest

- **USDA Guidelines:** LHDs could work to ensure that we are not having a ‘siloed’ conversation about guidelines, but instead integrating this with Farm Bill and other conversations

- **Facilitate feedback from students/parents to ensure culturally appropriate school meals** (Dairy example).

- **LHD supporting/ helping develop local channels for distribution can ensure that what is supplied matches more closely with the needs of institutional users.** (v. relying on large purchases from DOE)
Thank You to our Speakers:

Kari Hamerschlag

Becca Klein
Water and Health Webinar Series

Drought, Climate and the Food We Eat (Nutrition)

August 18 (2-3 pm): **Our Diets and the Water Footprint of Regional Agriculture**

September 15 (2-3 pm): **Water Security for Community and Household Gardens: The Promise of Greywater**

October 20 (2-3 pm): **Emerging Water-Friendly Production Methods and Foods**

November 18 (12-1 pm): **High Opportunity Levers for Water and Health: Resources, Policy and Next Steps**

http://phasocal.org/water-initiative-nutrition
Water and Health Webinar Series

- Water Crisis Strategies for Public Health Leaders
- Water, Drought and Environmental Health
- Drought, Climate and the Food We Eat (Nutrition)

http://phasocal.org/water-initiative
Thank you for joining the conversation!

The recording and slides will be available shortly at http://phasocal.org/water-initiative-nutrition

Questions?
Contact Holly Calhoun
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